



Seven Oaks Minor Hockey Association

Back to the Ice

4 on 4 Fun Games

This ice time is designed to allow players to get back into the game atmosphere prior to hockey try-outs.

9 - 11 year olds

12 – 15 year olds

4 games - each game 45 minutes

15 minute warm-up drills

10 players per team

Equal ice time

No body contact

No-offsides, no icing

Fast paced end to end action

Cost is \$75.00 per player

\$40.00 goalies

Session 1 – August 22-26 -Maples

Session 2 – August 28-Sept3- Maples

Instructors/on-ice officials may move players around during games to ensure balanced ice time.



To register please submit players name and information with family
Contact information to somhacamps@shaw.ca